Evidence Based Medicine

ULOGA BIBLIOTEKARA U PRIMENI MEDICINE ZASNOVANE NA DOKAZIMA IZ KLINIČKE PRAKSE

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Institut za onkologiju i radiologiju Srbije

EVIDENCE BASED MEDICINE

"Savesna, izričita i razumna primena najboljih dokaza za donošenje odluka u lečenju određenog bolesnika."

Sackett D. et al. BMJ 1996; 312:71-72

KAKO DOĆI DO NAJNOVIJIH DOKAZA

Zadatak svakog lekara

pružanje najbolje usluge pacijentu



- dolaženje do prave dijagnoze svojim znanjem i veštinom
- Potreba da se smanjuju greške u dijagnostikovanju i određivanju terapije

KAKO IZBEĆI GREŠKE

- Ne gubiti vreme u prikupljanju ogromne količine naučnih radova, nepotrbno je i nedovoljno za rad spacijentom
- Polovina medicinskih informacija zastareva od 3 do 7 godina
- Greške su često ishod vremenskog raskoraka između zastarelih naučnih radova-"dokaza" i kliničke prakse

Pravilno lečenje

Brzo dijagnostikovanje i određivanje terapije

Medicinska dokumentacija o pacijentu

Razgovor s pacijentom

Najnoviji dokazi –istraživanja vodiči kliničke prakse-guidelines

POSVEĆENOST PACIJENTU KAO OSOBI

• ORIJENTISANOST PREMA PACIJENTU

umesto

 ORIJENTISANOST PREMA BOLESTI



Studije pokazuju da kliničari provode oko 10 -15 minuta nedeljno s pacijentom...

Za razgovor s pacijentom potrebno je

- Obezbedi POTREBNE PODATKE O BOLESTI PACIJENTA (istorija bolesti)
- Posedovati KRITIČNOST u odnosu na nasleđene, tradicionalne metode lečenja
- Izvršiti SELEKCIJU najnovijih informacija
- STARI PROTOKOLI nemaju uvek adekvatnu primenu



ULOGA BIBLIOTEKARA

Bibliotekari u medicinskim ustanovama dobijaju sve veću ulogu

Nekada...

 Pružanje literature koja je bibliotekarima bila na raspolaganju



BIBLIOTEKAR PRED NOVIM ZADACIMA I IZAZOVIMA...

Danaskompjuteri.....Internet,,,

- Svakodnevni napredak u medicinskim istraživanjima
- Konstantno profesionalno usavršavanje bibliotekara informatora
- Praćenje novina u informatičkom bibliotekarstvu
- Sve veći broj baza podataka

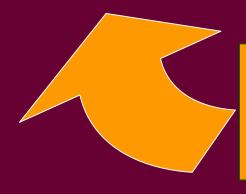


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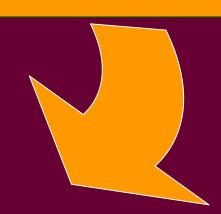


Od bibliotekara informatora zavisi odabir servisa

Adekvatan servis pruža brzu i pravu informaciju



Prava informacija dovodi do kvalitetne brige o pacijentu



BROJNI IZVORI INFORMACIJA ZAHTEVAJU

Usavršavanje u pretraživanju biomedicinskih baza

Savladjivanje medicinske terminologije

Poznavanje medicinske terminologije skraćuje postupak pretraživanja

Saradnja bibliotekara i zdravstvenih radnika

FILTRIRANJE KVALITETNIH INFORMACIJA

Kada dođe do željene informacije bibliotekar ima zadatak da:



identifikuje

odabere

vrednuje

sistematizuje literaturu

OD ČEGA ZAVISI ODABIR SERVISA-BAZE

Količina informacija

Kvalitet časopisa (njihov IF)

Lakoća dolaženja do informacija

Dostupnost radovima u punom obliku

Vremenski embargo kojim baza ograničava dostupnost radovima

Količina servisa
koje obuhvata određena baza
(ScienceDirect,
SprigerLink, ProQuest
baze obuhvaćene u HINARI i OVID bazi)

GUIDELINES, vodiči kliničke prakse

EVIDENCE BASED MEDICINE IZVORI

- Cochrane Database of Systematic Reviews CDSR
- FIRSTConsult
- National Guideline Clearinghouse
- Cochrane Central Register of Controlled Trials
 CCTR

- ACP Journal Club
 by the American College of Physicians
- Clinical Evidence
- Definitive Controlled Trials
- The Database of Abstracts of Review of Effectiveness DARE

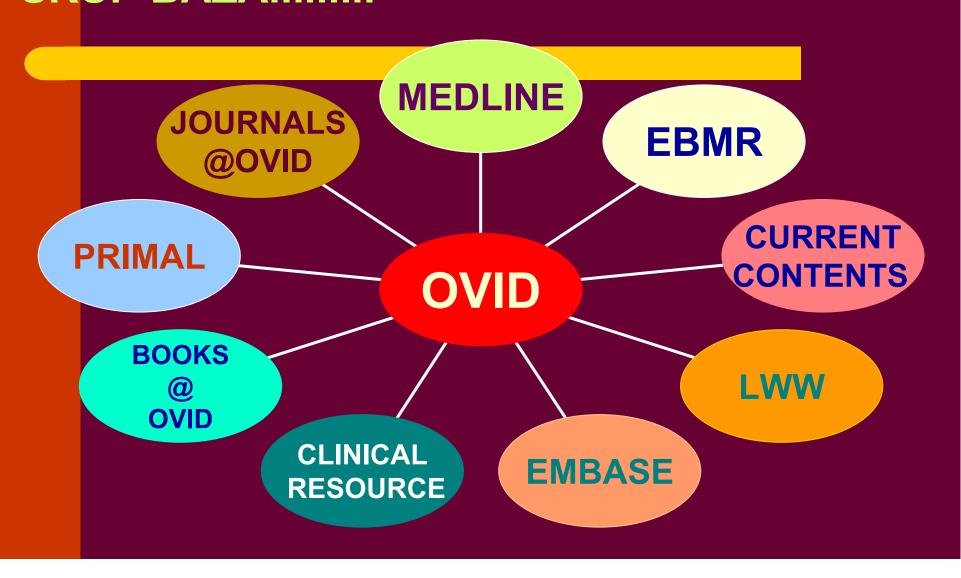
ZAŠTO OVID?

Nema vremenskog ograničavanja u dostupnosti literature

Lako rukovanje

U pretraživanje uključen MeSH (Medical Subject Headings)

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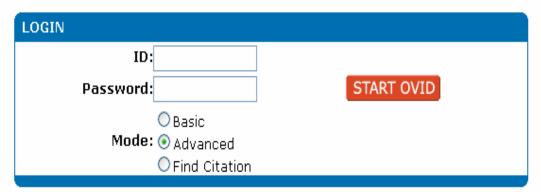
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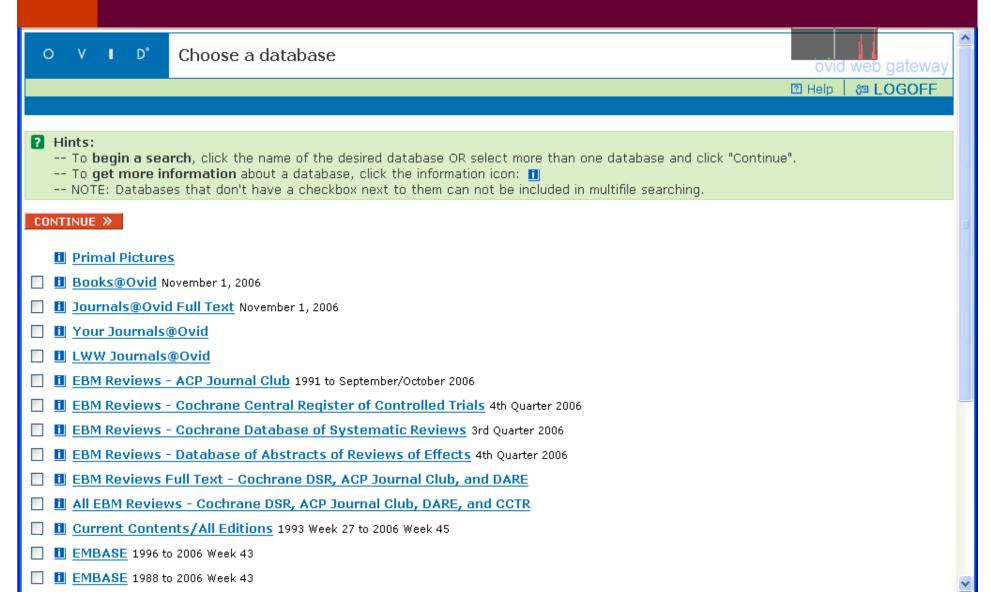
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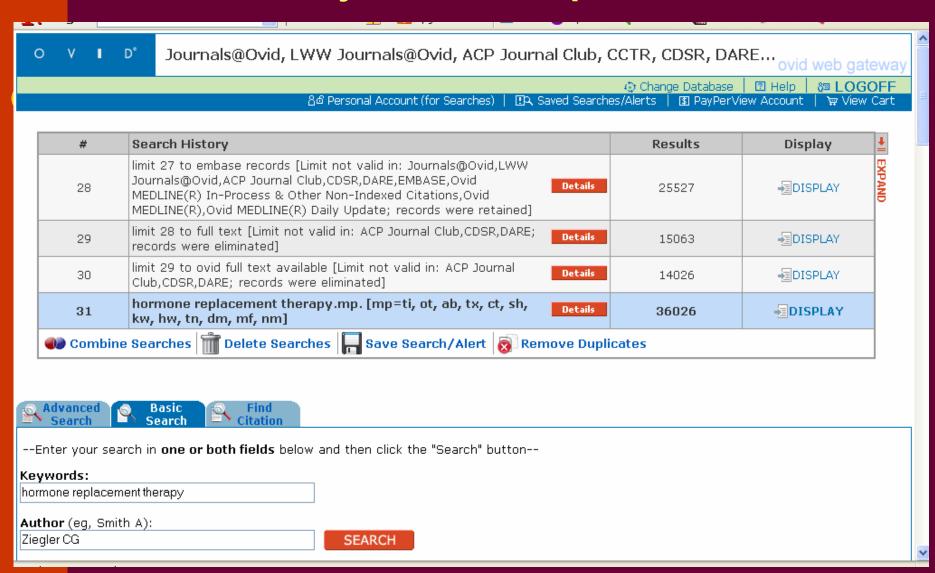
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key words: hormone replacement therapy

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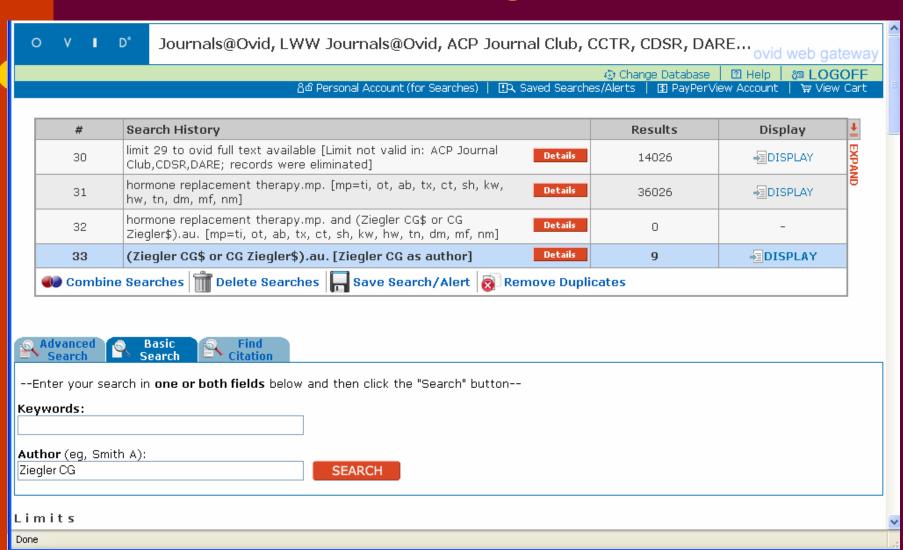
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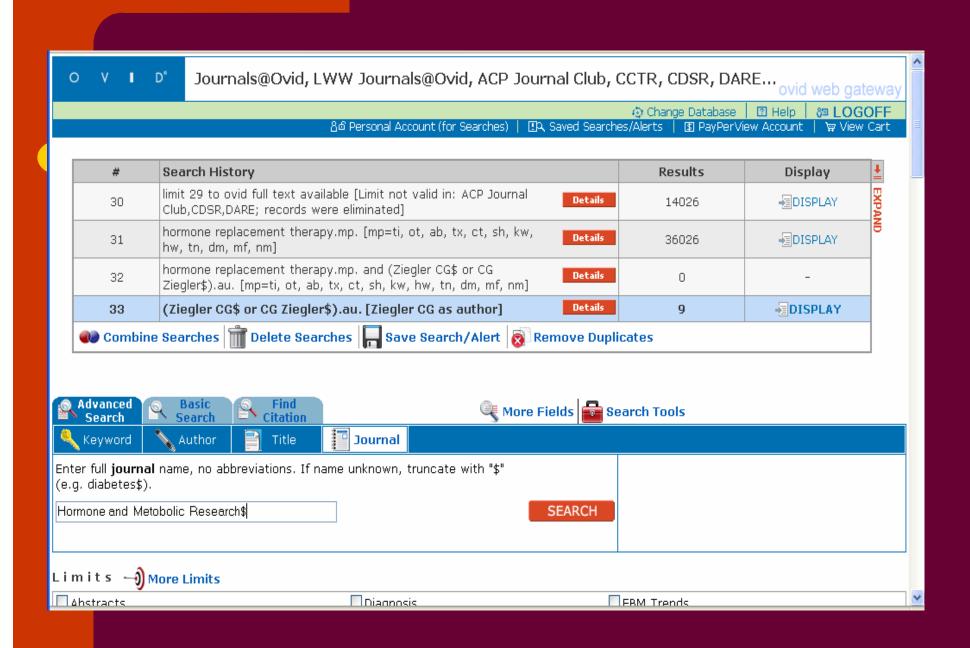


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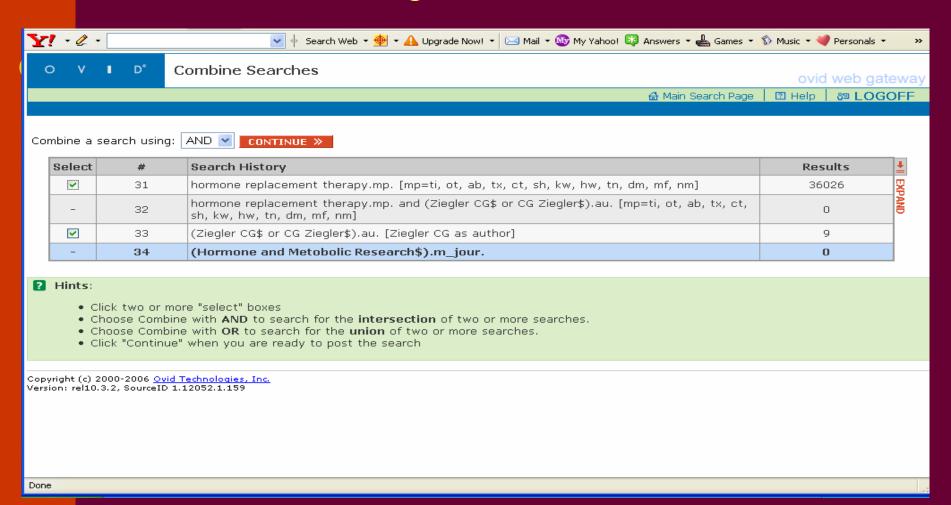
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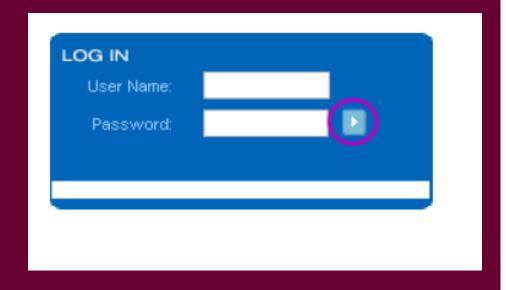
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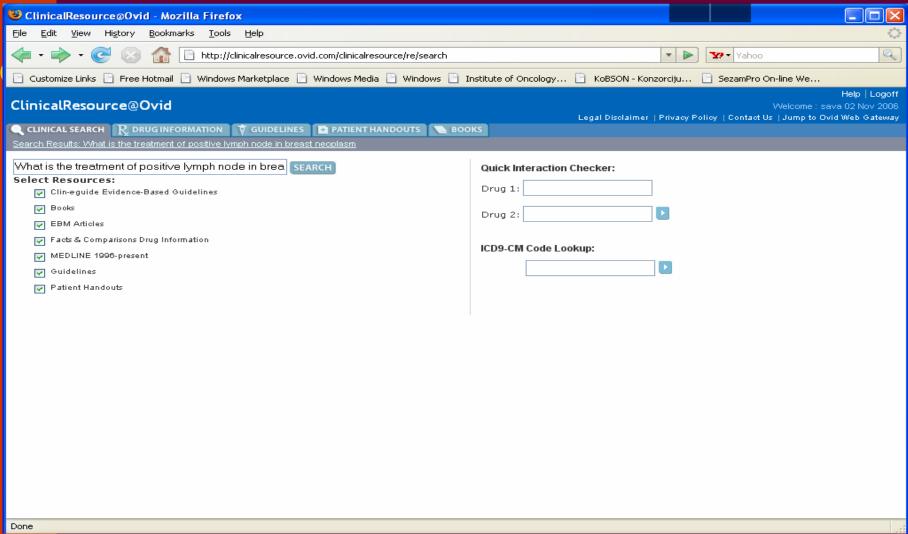
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- Omogućava detaljno pretraživanje na jednostavan način

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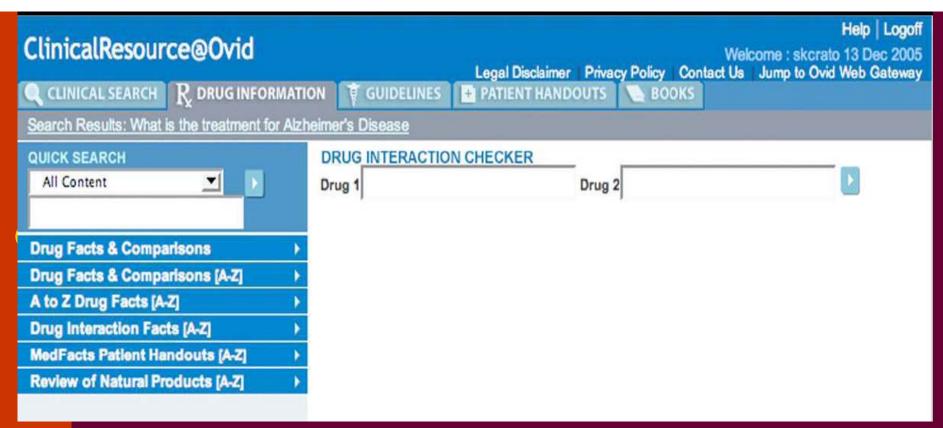
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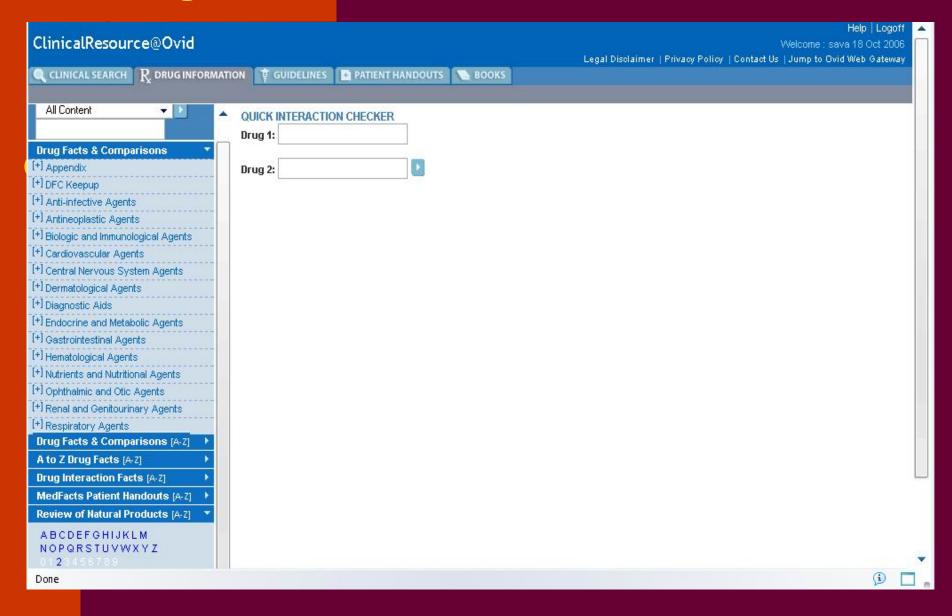


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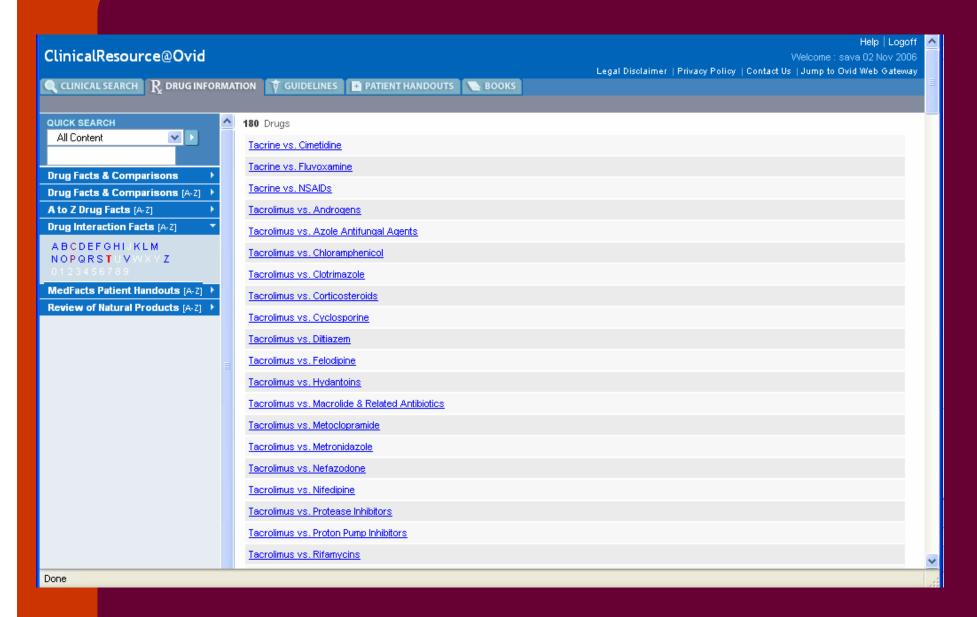


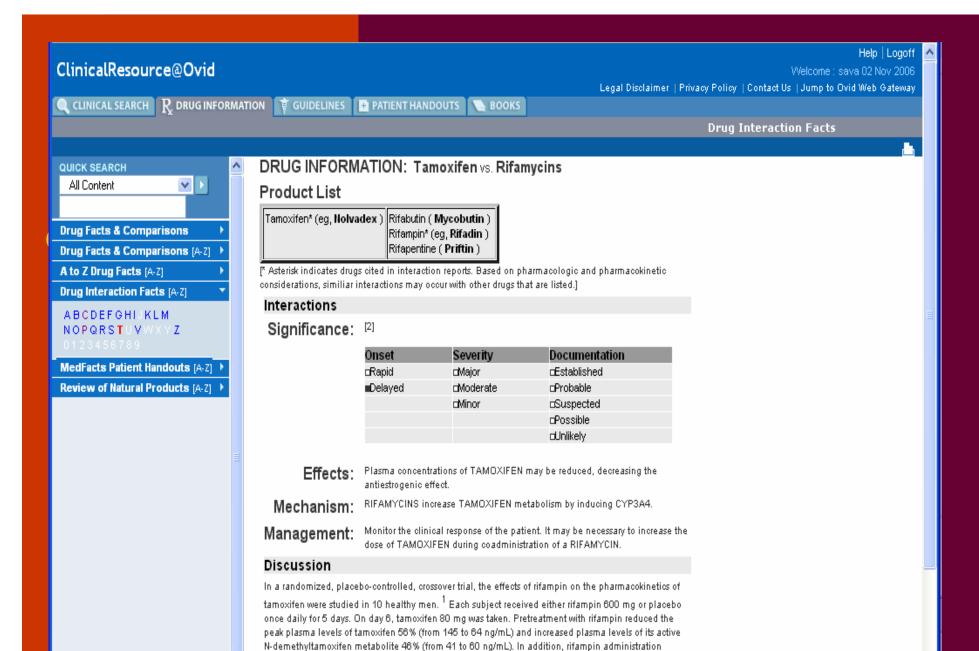
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- 2. hemijska svojstva
- 3. Interakcija sa drugim lekovima i kontraindikacije
- 4.podaci o lekovima od A do Z
- 5.U odnosu na određenu bolest pokazuje se koji lek odgovara datoj bolesti

Drug information



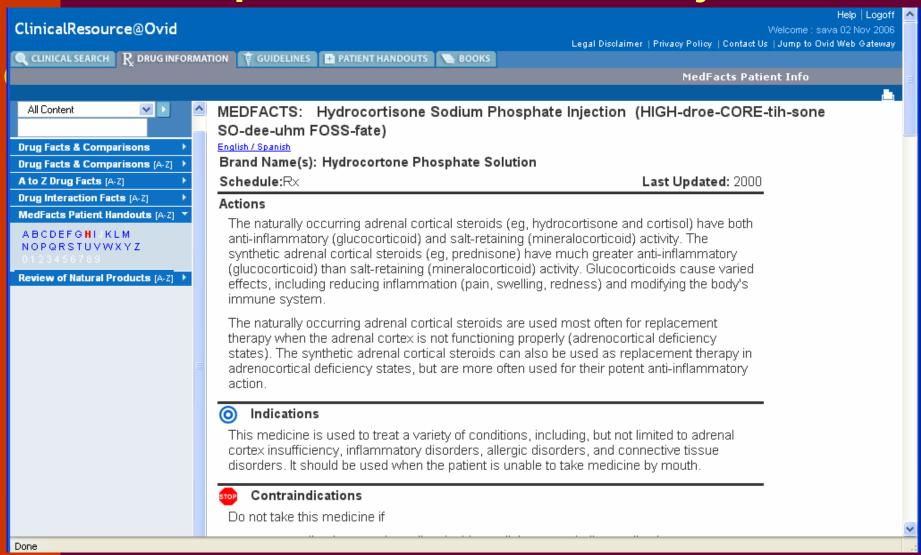
Podaci o interakciji sa drugim lekovima biramo od A-Z



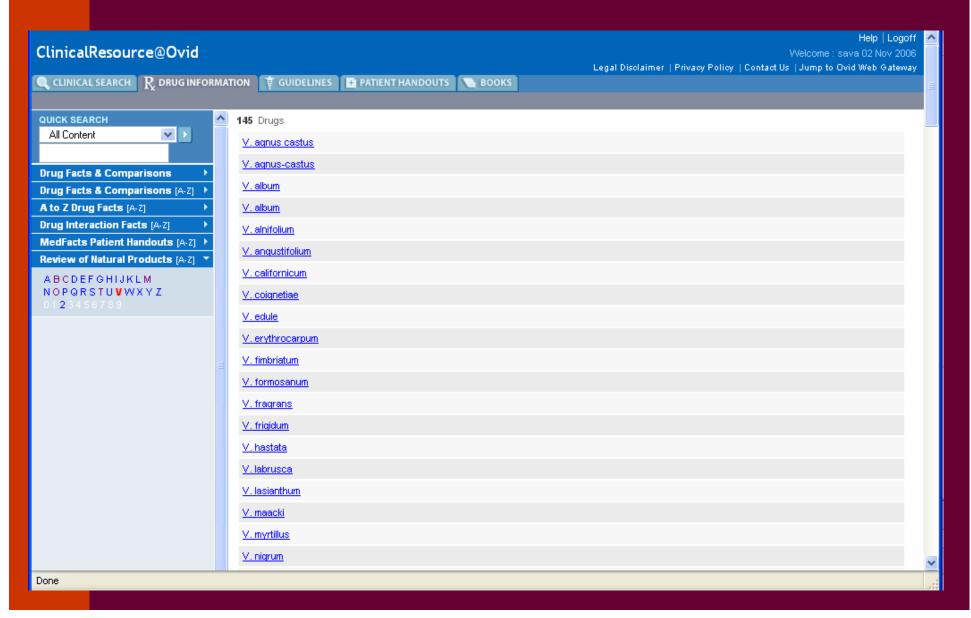


decreased the AUC of tamoxifen 86% and the elimination t 1/2 42% (from 118 to 68 hr).

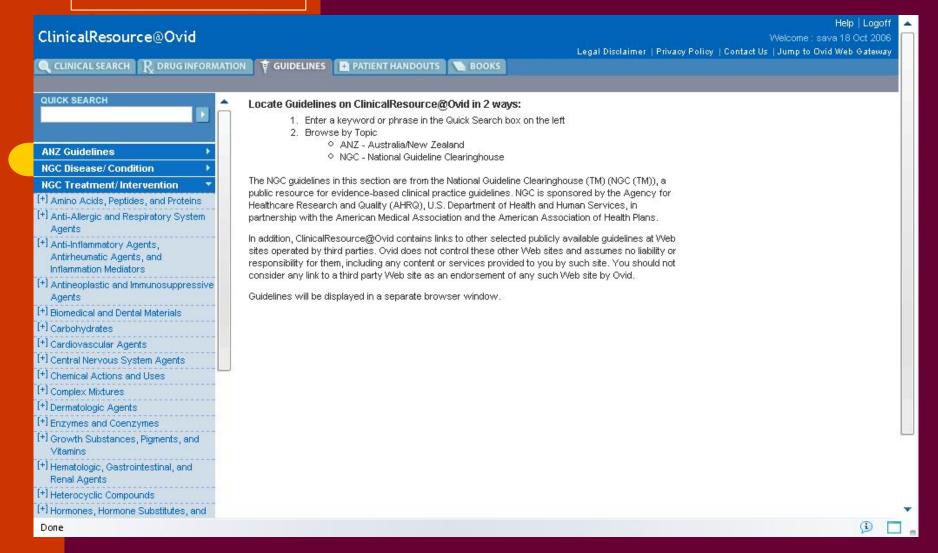
MEDFACTS Podaci o hemijskom svojstvu leka načinu primene i kontraidikacije



Biljni preparati A-Z

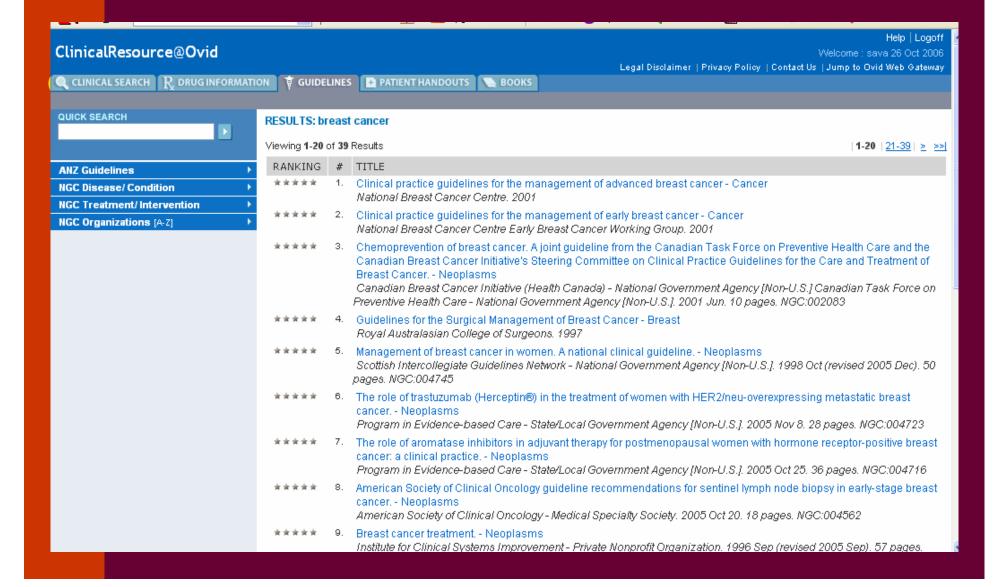


Guidelines

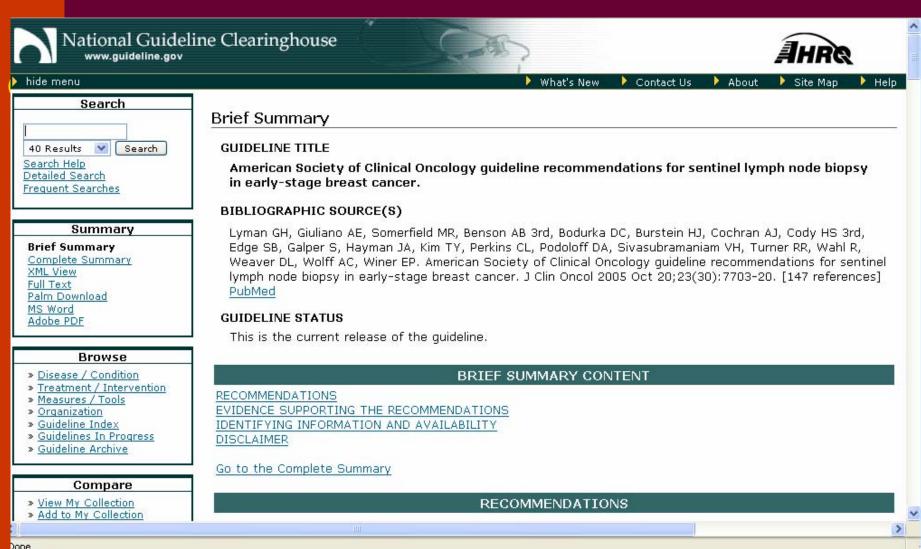


Vodiči kliničke prakse su preuzeti iz NATIONAL GUIDELINE CLEARINGHOUSE

Guidelines kw: breast cancer



Iz sadržaja se može pronaći guideline koji nam treba ili se može tražiti pod SEARCH





MAJOR RECOMMENDATIONS

How Should The Results Of SNB Be Utilized In Clinical Practice?

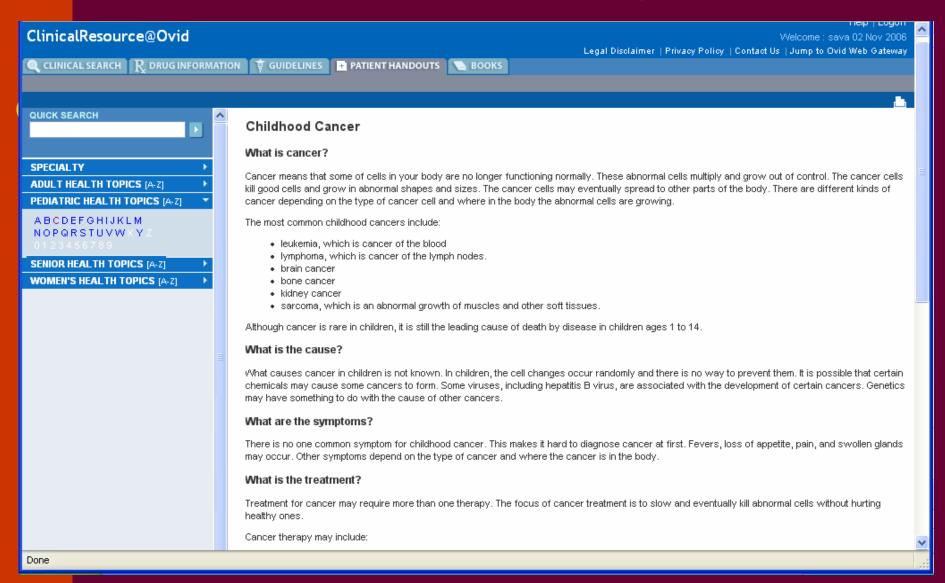
Can Full Axillary Lymph Node Dissection (ALND) be Avoided in Patients With Negative Findings on Sentinel Lymph Node Biopsy (SNB)?

The reported test performance characteristics of SNB vary widely across studies reported in the medical literature. However, when carried out by an experienced team, negative findings appear to be predictive of negative axillary nodes for most patients with breast cancer. Significant predictors of posttest probability include the percentage of patients in the study population with positive axillary nodes and the proportion of successful lymphatic mappings. In addition, the incidence of axillary recurrence after negative findings on SNB is comparable to that following ALND. On the basis of the available evidence, the Panel supports the use of SNB for staging disease in most women with clinically negative axillary lymph nodes. The concept of SNB has been so appealing to physicians and patients that the identification and biopsy of sentinel lymph nodes (SLNs) has largely replaced ALND for patients with clinically and histologically tumor-free lymph nodes. The Panel recommends that suspicious palpable nodes should also be submitted as SLNs, and that, in this context, the surgeon should have a low threshold for default to ALND, particularly for patients whose clinical presentation suggests a high risk of axillary metastasis. SNB works well, with a comparable false-negative rate in the setting of both mastectomy and breast-conserving surgery. Nevertheless, the Panel concluded that, on the basis of the available literature, there are compelling reasons for the operating surgeon to default to ALND, including a failed or technically unsatisfactory SNB procedure, and the presence of clinically suspicious nodes in the axilla after the removal of all SLNs. About half of patients in whom the identified SLN proves to be falsely negative will have had clinically suspicious nodes palpable at surgery, because gross tumor involvement may interfere with the uptake of both radiolabeled colloid and dye and deviate lymph flow to a node other than the true SLN.

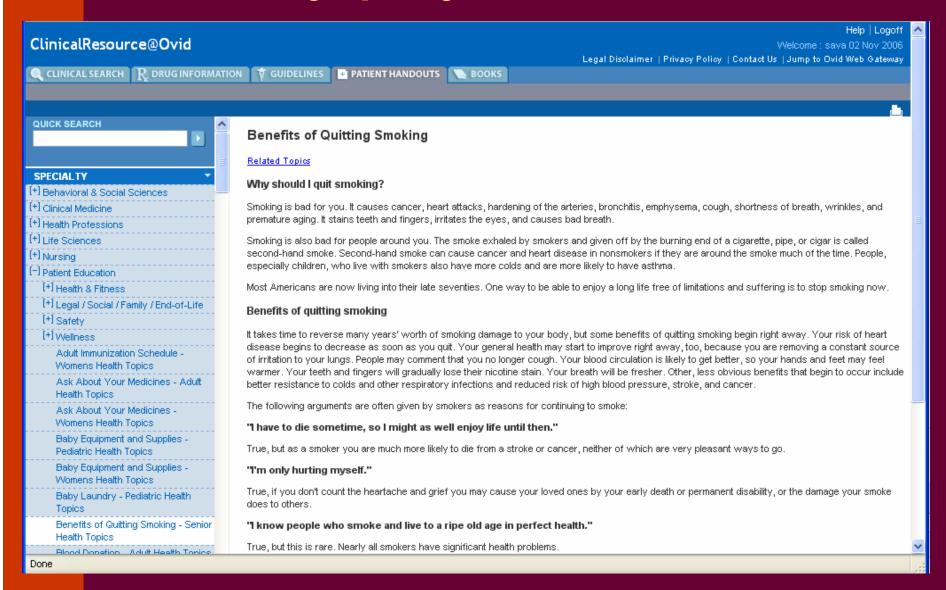
Is Full ALND Necessary for All Patients With Positive Findings on SNB?

The recently reported meta-analysis demonstrates that, among patients with a positive SLN, 48.3% (95% CI, 35 to 62) were found to have additional node disease on ALND. Thus, the Panel recommends routine ALND for patients with a positive SLN according to routine histopathologic examination. More problematic is the management of patients for whom the SLN is positive only with use of special studies, primarily immunohistochemical (IHC) analysis with antibodies to cytokeratin. IHC evaluation can upstage disease for

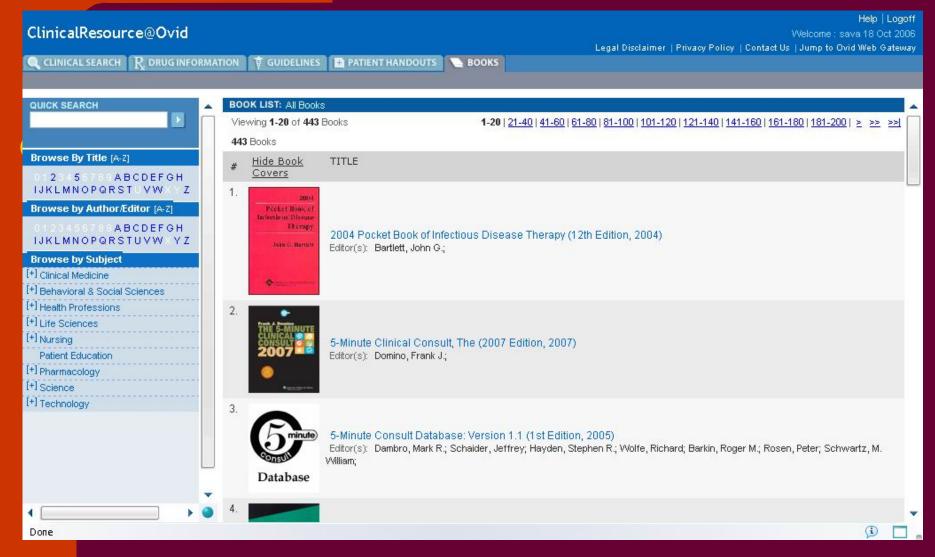
Kako informisati pacijenta?



Edukacija pacijenata

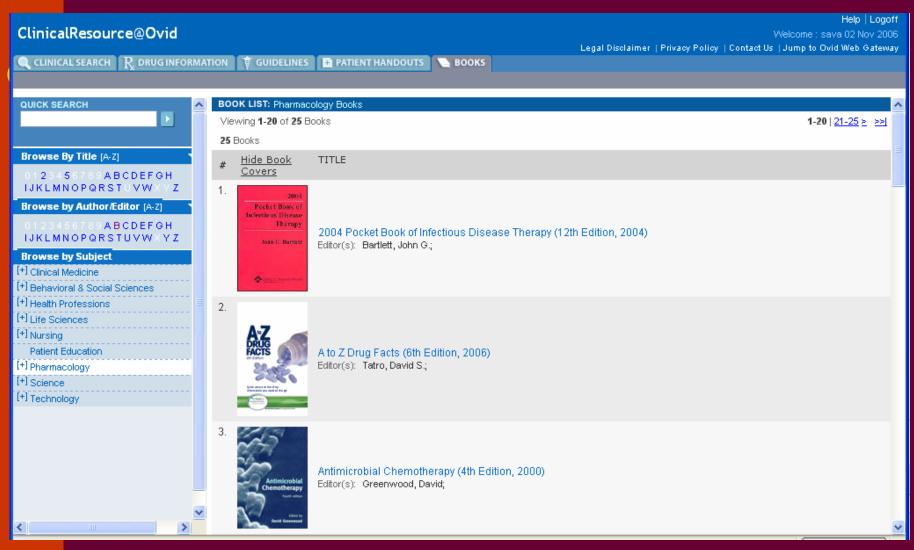


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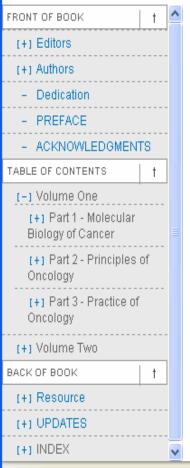




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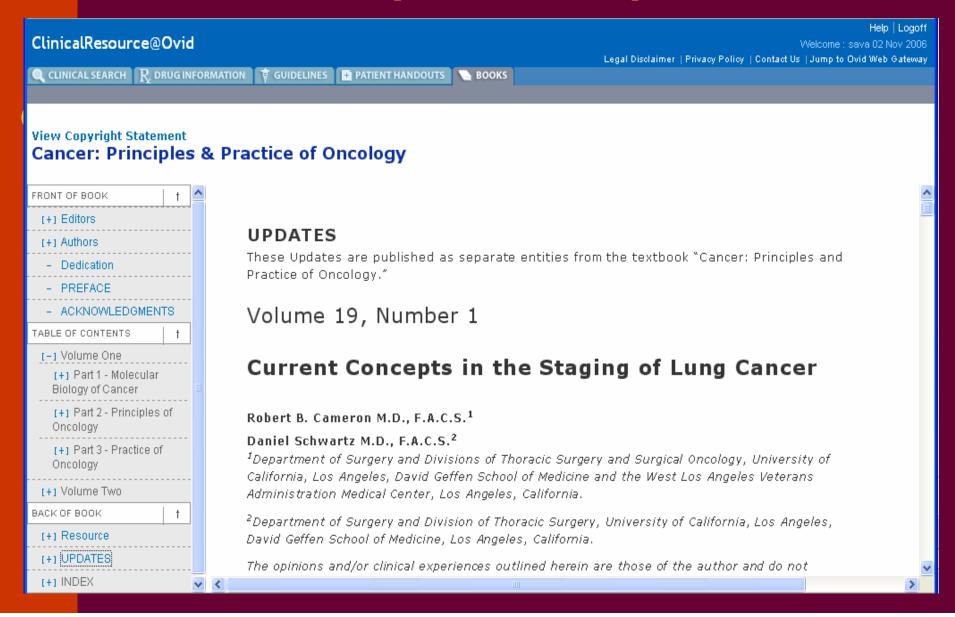
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Vincent T. DeVita Jr. MD

Amy and Joseph Perella Professor of Medicine

Yale Cancer Center, Yale University School of Medicine; Professor of Epidemiology and Public Health, Yale University School of Public Health, New Haven, Connecticut

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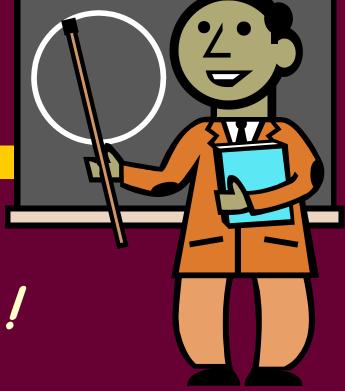


ZAKLJUČAK

"We need less research, better research, and research done for the right reasons...."

DG Altman, BMJ 1994;308:283

KRAJ



Hvala na pažnji!

Ana Ivković zivanovica@ncrc.ac.yu

Institut za onkologiju i radiologiju Srbije, Beograd